

# Athletic Camp Registration Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_  
(city) (state) (zip)

Home Phone: \_\_\_\_\_ Emergency # \_\_\_\_\_

Grade (entering in 2010-11) \_\_\_\_\_ School Attending \_\_\_\_\_

Circle T-Shirt Size (adult): S M L XL XXL  
(all campers except golf will get shirt)

## Camp(s) Registration

Sport: \_\_\_\_\_ Session # \_\_\_\_\_

Session Title: \_\_\_\_\_ Amount: \_\_\_\_\_

Sport: \_\_\_\_\_ Session # \_\_\_\_\_

Session Title: \_\_\_\_\_ Amount: \_\_\_\_\_

Sport: \_\_\_\_\_ Session # \_\_\_\_\_

Session Title: \_\_\_\_\_ Amount: \_\_\_\_\_

Checks should be made payable to: Bishop McNamara High School

Mail to: Bishop McNamara High School C/O Development Office  
550 W. Brookmont Blvd., Kankakee, IL 60901

I understand that all students who participate in BMHS summer camps MUST carry medical insurance for any medical expenses incurred while participating in the camps. I give permission to the camp coaching staff to act on my behalf in the event of an emergency, and I release from liability all camp coaches and Bishop McNamara H.S. in the event that an accident should occur.

Parent Signature

Date

## Girls Volleyball Camp

Head Coach April Bufford  
[bishopmacvb@hotmail.com](mailto:bishopmacvb@hotmail.com)  
Cost per session: \$60  
Location: Mac Gym



**June 7-11 Skills Camp**  
Grades 3-9 5:30-7:00 PM #GV

Passing, setting, hitting, serving, blocking, defense, and serve receive will be covered.

## Football Camp

Head Coach Rich Zinanni  
[rzinanni@bishop-mcnamara.org](mailto:rzinanni@bishop-mcnamara.org)  
Cost per session: \$60  
Location: Mac Football Stadium (Memorial Field)

**June 21-25 Fundamentals Skills Camp**  
Grades 4-9 1:00-2:30 #FB

*All positions, plus kicking and punting*  
Linemen – stances, starts and blocking  
Backs – ball handling, speed cuts, receiving, and blocking  
QBs – stance, drops, throwing and reads  
LBs – stance, reads, tackling and blocks  
DBs – stances, cover drills, one-on-one technique



## Cheerleading Camp

Head Coach Dawn Akerman  
Cost per session: \$40  
Location: Mac Cafeteria

**August 4-6 Cheer Camp**  
Grades 1-9 4:00-6:00 #CL



## Poms Camp

Head Coach Kendra Demarah  
Cost per session: \$40  
Location: Mac Cafeteria

**August 16-18 Poms Camp**  
All Grades 4:00-6:00 #P



## Girls Basketball Camp

Head Coach Jeff Bennett  
[jbennett@bennettcommercial.com](mailto:jbennett@bennettcommercial.com)  
Cost per session: \$50 ea.  
Location: Mac Gym



### June 14-16

Grades 4-7  
Grades 8-9

### Fundamentals & Skills Camp

8:30-10:00 #GB-F  
10:30-12:00 #GB - F2

### June 17-19

Grades 4-7  
Grades 8-9

### Shooting Camp

8:30-10:00 #GB-S  
10:30-12:00 #GB -S2

### June 21-25

Grades 4-7  
Grades 8-9

### Competition Camp

8:30-10:00 #GB-R  
10:30-12:00 #GB-R2

## Boys Basketball Camp

Head Coach Joe Gura  
Cost per session: \$60  
Location: Mac Gym



### June 14-18

Grades 5-9

### Skills Camp

12:30-2:00 #BB

## Boys Wrestling Camp

Head Coach Dave Zinanni  
Cost per session: \$60  
Location: Mac Gym



### June 21-24

Grades 1-9

### Skills Camp

6:00-8:00 PM #WR

## Boys & Girls Golf Camp

Head Coaches Bill Johnson & Matt Dwyer  
Cost per session: \$75  
Location: Aspen Ridge Practice Facility in Bourbonnais

### June 21, 23 & 25

Ages 10 and under  
Ages 11-17

### Skills Camp

8:00-10:00 #G- 1  
10:00-12:00 #G- 2

This camp is for boys and girls from beginner to intermediate.

# Bishop McNamara Catholic H.S.



## 2010 Athletic Camps

Athletic Information Contact  
Rich Zinanni  
(815) 932-7413  
[rzinanni@bishop-mcnamara.org](mailto:rzinanni@bishop-mcnamara.org)

Additional camp information can be found  
on Mac's website at  
[www.bishopmac.com](http://www.bishopmac.com)